

Review Article

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Impact of Boron Nutrition in Fruit Crops

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The objective of this review paper for studying the impact of boron nutrition in various fruit crops regarding growth, yield, quality, storage life of fruit, role, deficiency, toxicity and nutritional requirements of fruit plants. Growers may estimate fruit plants nutritional needs through leaf and soil analysis plant growth and cropping of past experience. Since fruit plants are a perennial crop, leaf or foliar analysis is the most accurate way to determine nutritional status of an orchard. Factors such as rootstock, crop load, soil type, and weather conditions. Boron is an essential micronutrient element required for growth and development of plants. This group, once hardly considered at all in plant nutrition practices, is now receiving major attention from soil scientists and plant physiologists. Plant needs for boron can be applied as Granubor/borax pre-plant to the soil or as Solubor or foliar sprays during the growing season.

Introduction

World-wide, boron deficiency is more extensive than deficiency of any other plant micronutrient (Gupta, 1979). It is particularly prevalent in light textured soils, where water-soluble boron readily leaches down the soil profile and becomes unavailable for plants. Adequate boron nutrition is critical not only for high yields but also for high quality of crops. Boron deficiency causes many anatomical, physiological, and biochemical changes, most of which represent secondary effects. Because of the rapidity and the wide variety of symptoms that follow boron deprivation, determining the primary function of boron in plants has been one of the greatest challenges in plant nutrition. In recent years,

research has progressed to the point where it is possible to demonstrate boron involvement in three main aspects of plant physiology. Thus, this review article features an in-depth look at a structural role for boron in cell walls, a role for boron in membrane function, and boron involvement in metabolic activities. This group once hardly considered at all in plant nutrition practices is now receiving major attention from soil scientists and plant physiologists. Boron is generally considered phloem immobile in some fruit trees, foliar application of boron in the fall temporarily increased boron concentration of leaves, but during late fall and winter boron moved to the bark. In spring, the boron

moved from the bark into flowers and resulted in increased fruit set. Boron is an essential element and plays an important role in the ribonucleic acid metabolism, synthesis and stability of nuclear membranes and in the transport of assimilates, mainly sugars (Marschner, 1995).

Symptoms of boron deficiency in soil and plants

Boron deficiency is particularly prevalent in light textured soils, where water-soluble boron readily leaches down the soil profile and becomes unavailable for plants. Boron deficiency may also occur on a soil with adequate boron level if its uptake is impeded by over liming, dry or wet soil conditions, and a low level of soil oxygen (Goldberg, 1997; Wojcik, 2003). Adequate boron nutrition is critical not only for high yields but also for high quality of crops. Boron deficiency causes many anatomical, physiological, and biochemical changes, most of which represent secondary effects (Blevins and Lukaszewski, 1998). Boron is an essential nutrient required for higher plants (Marschner, 1995). Boron has been found to play a key role in reproductive processes affecting anther development, pollen germination, and pollen tube growth (Loomis and Durst, 1992; Robbertse *et al.*, 1990). For this reason, in boron-sensitive crops abortion of flower initials and poor set of fruit or seeds are observed under conditions of boron deficiency (Goldbach, 1997; Mozafar, 1993). The primary effect of boron deficiency appears to be the disruption of the normal functioning of the apical meristems with changes in membrane structure, cell wall synthesis, metabolisms of auxin, carbohydrate, ascorbate, RNA, lignifications, phenol accumulation and sucrose transport being secondary effects (Parr and Loughman, 1983; Blevins and Lukaszewski, 1998; Brown *et al.*, 2002).

Apple (*Malus domestica* Borkh.) trees have been known to have high requirements of boron (Shorrocks, 1997). Poor fruit set and in turn reduced yielding are first visual signs of boron deficiency since this nutrient plays a key role in the reproductive growth (Robbertse *et al.*, 1990; Loomis and Durst, 1992). Apples of boron deficient trees are small, deformed, corked, and sensitive to cracking and russetting and have yellow skin with a poor red colour (Peryea, 1994). Under boron deficiency conditions, apple fruits may also have low concentrations of soluble solids and acids (Shear and Faust, 1980). Besides Pomaceous fruits, stone fruits are also affected by boron deficiency severely, like boron-deficient cherry shoots grow for some time and then tips die. Leaves are distorted in shape, with irregular serration, and may cup or roll downward. Under conditions of B deficiency, splitting of the bark frequently occurs. Some buds of B-deficient plants may fail to open in the spring, whereas others shrivel and die. Cracking, shriveling, deformation, internal and external browning, and corking around pit and in flesh are signs of cherry fruit B deficiency (Wojcik and Wojcik, 2006). Nut crops of temperate areas also show the similar response to low boron soils (Table 1).

Forms and sources of boron in soils

Total boron

The total boron content of most agricultural soils ranges from 1 to 467 mg kg⁻¹, with an average content of 9 to 85 mg kg⁻¹. Total boron in major soil orders, Inceptisol and Alfisol, in India ranged from 8 to 18 mg kg⁻¹. Such wide variations among soils in the total boron content are mainly ascribed to the parent rock types and soil types falling under divergent geographical and climatic zones. Boron is generally high in soils derived from marine sediments.

Available boron

Available boron, measured by various extraction methods, in agricultural soils varies from 0.5 to 5 mg kg⁻¹. Most of the available boron in soil is believed to be derived from sediments and plant material. Few studies have been conducted that attempt to identify solid-phase controls on boron solubility in soils. Most of the common boron minerals are much too soluble for such purposes (Lindsay, 1991).

Soil solution boron

In soil solution, boron mainly exists as undissociated acid H₃BO₃. Boric acid [also written as B (OH)₃] and H₂BO₃ are the most common geologic forms of boron, with boric acid being the predominant form in soils as reviewed by Evans and Sparks (1983). They further reported that boric acid is the major form of boron in soils with H₂BO₃ being predominant only above pH 9.2. In their review, they stated that boron occurs in aqueous solution as boric acid B (OH)₃, which is a weak monobasic acid that acts as an electron acceptor or as a Lewis acid.

Tourmaline

In most of the well-drained soils formed from acid rocks and metamorphic sediments, tourmaline is the most common boron-containing mineral identified (Whetstone *et al.*, 1942). The name tourmaline represents a group of minerals that are compositionally complex borosilicate containing approximately 3% boron. The tourmaline structure has rhombohedra symmetry and consists of linked sheets of island units. The boron atoms are found within BO₃ triangles, forming strong covalent B-O bonds (Tsang and Ghose, 1973). Tourmalines are highly resistant to weathering and virtually insoluble. Additions of finely ground tourmaline to soil

failed to provide sufficient boron to alleviate boron deficiency of crop plants (Fleming, 1980).

Role of boron in physiology of plants

Boron phloem mobility and transport molecules

In vascular plants, boron moves from the roots with the transpiration stream and accumulates in growing points of leaves and stems. It has been suggested that these local concentrations in apical tissues led to the evolutionary development of dependency on boron for some aspects of metabolism in plant meristems. Once in the leaves, boron retranslocation is restricted and it becomes fixed in the apoplast. Based on this pattern, boron is generally considered phloem immobile. However, tracer studies with stable isotope ¹⁰B demonstrated that in some fruit trees, foliar application of boron in the fall temporarily increased boron concentration of leaves, but during late fall and winter boron moved to the bark. In the spring, the boron moved from the bark into flowers and resulted in increased fruit set. Subsequently (Hu and Brown, 1994) evaluated boron mobility in some species within the genera of *Pyrus*, *Malus*, and *Prunus* and connected their phloem boron transport with the key fact that these species transported carbon as polyols. Since the beginning of the twentieth century, chemists have used polyols, such as glycerol or mannitol, to enhance the acidity of borate solutions. The basis for these reactions is the ability of borate to form cyclic diesters with some diols and polyols. (Brown and Associates., 1997) isolated and characterized soluble sorbitol-boron-sorbitol complexes from the floral nectar of peach and mannitol-boron-mannitol complexes from phloem sap of celery. This was the first isolation and identification of boron transport molecules in plants. Brown's group also obtained evidence

for phloem boron movement in species transporting dulcitol (Hu H., *et al.*, 1997). These results explain much of the confusion about boron phloem mobility in plants. We can now conclude that phloem movement of boron depends on the sugar or polyol transport molecules used by the particular plant. Adequate levels of this element enhance pollen germination and pollen tube growth in almond trees (Nyomora *et al.*, 2000) improving fruit set and seed growth. Foliar application of B just before leaf fall can greatly increase B levels in flower buds and increase fruit set in sour cherry (Thompson, 1996). Boron applied to trees in the autumn moves from the leaves into the adjacent buds, where elevated levels are maintained and expressed in flowers at athesis. The B supplied to the flowers is largely derived from reserves in the wood which are mobilized during floral development.

Cell wall structure

The primary cell wall of higher plants is an important factor determining cell size and shape during plant development. The mechanical properties of growing cell walls can be modified by cross links between their major components, cellulosic polymers, and matrix polymers such as hemi-cellulosic and pectic polysaccharides (Carpita, 1987). Over the years, researchers have observed a close relationship between the primary cell walls and boron nutrition up to 90% of the cellular boron has been localized in the cell wall fraction. The first symptoms of boron deprivation include abnormalities in cell wall and middle lamella organization (Hu H Brown, 1994). Recently formation of borate esters with hydroxyl groups of cell wall carbohydrates and/or glycoproteins has been proposed as a mechanism for cross linking cell wall polymers. Borate bridging could explain many of the characteristics of boron-deficient and boron-toxic plants. This type of

bonding could account for brittle leaves of boron-deficient plants, while plants grown with supraoptimal levels of boron produce leaves that are plastic or elastic in their response to bending (Gauch *et al.*, 1954). In addition, the slipping and sliding properties of "slime" (Casassa *et al.*, 1986) permitted by the H-bonding of hydroxyl groups on borate molecules and the hydroxyl groups of the polyvinyl alcohol, could explain the properties of primary cell walls at early stages of development (Carpita, 1987). It was an early observation that plant boron content was closely correlated with pectin (Gauch *et al.*, 1954). In 1961, Ginsburg showed that a strong chelator, EDTA, mixed with a weak chelator (e.g. IAA), was effective in causing cell separation by removing the pectin/protein matrix, but borate buffer kept the matrix intact longer than any other buffer. Clarkson and Hanson (1980) proposed that by forming cross links in pectin, boron protects Ca in the cell wall.

Membranes and membrane-associated reactions

The evidence provided by cell wall studies explains many problems caused by boron deficiency. However, there are some aspects of plant boron nutrition that go beyond cell wall structure. These include rapid changes in membrane function induced by addition of boron to boron-deficient tissues. Boron was first localized in maize root membranes by (Pollard *et al.*, 1977) and was later found in membrane fractions from protoplasts of mung bean by Tanada (1983). Although the quantities of boron in membranes were not large, especially compared with those in cell wall fractions, they were significant for ion uptake. Lawrence *et al.*, (1995) showed lower ATPase activity in plasma lemma-enriched vesicles from boron-deficient chickpea roots than in vesicles from control roots, and Obermeyer *et al.*, (1996) reported boron

stimulation of the plasma lemma ATPase from ungerminated pollen grains of lily. Barr and Crane (1993; 1994) showed that addition of exogenous boric acid (with or without 2, 4-D) to low boron cells caused an instantaneous stimulation of the plasma membrane NADH oxidase. This was the fastest boron response reported. By stimulating NADH oxidase, boron could be involved in keeping ascorbate reduced at the cell wall/membrane interface. It is noteworthy that both NADH oxidase activity and ascorbate have been linked with plant growth processes (Gonzales *et al.*, 1994; Morre *et al.*, 1986). In summary, boron treatment of low-boron plants stimulates ATPase activity, NADH oxidase activity, and ion transport (Barr *et al.*, 1993). Though these changes are associated with membrane function, several researchers have speculated that boron may be affecting physical properties of membrane proteins. In addition, Shkolnik (1984) observed that several enzymes, normally bound to membranes or walls in a latent form, become active when released under boron deficient conditions. These enzymes include ribonuclease, glucose-6-phosphate dehydrogenase, phenylalanine ammonia lyase, β -glucosidase and polyphenoloxidase. Release of these enzymes under boron-insufficient conditions could severely alter plant metabolism, deplete RNA, and increase phenolic synthesis. Many of the phenolics are potent growth inhibitors the same phenolics also inhibit ion uptake and thus retard membrane function (Glass and Dunlop, 1974).

Reproduction, pollen tube growth, and pollen germination

Based on the latest research, cell wall composition may be of primary importance in determining the quantity of boron required for growth. However, it has been observed that in most plant species the boron requirement for reproductive growth is much higher than for

vegetative growth (Loomis and Durst, 1992). The physiological basis for the high boron demand for plant reproduction is not fully understood. Boron requirement for reproductive growth in plants has long been recognized. Gauch and Dugger (1954) proposed that boric acid was bound to hydroxyl-rich organic molecules, like sugars, and was involved in pollen tube wall formation. Pollen grains of most species are naturally low in boron, but in the styles, stigma, and ovaries, boron concentrations are generally high. Visser (1955) showed that a continuous and ample supply of boron was required for pollen tube growth, and speculated that the boron was complexing with cellular materials during the tube elongation process. Along this line, Johri and Vasil (1961) demonstrated that boron was more critical for pollen tube elongation than for pollen germination. Rapid growth of pollen tube depends on constant fusion of vesicles forming the plasma lemma, and continuous secretion of cell wall material. Whatever the mechanism, the role of boron in reproductive growth is particularly striking. The uniformly high boron requirement for reproductive growth across the plant kingdom is intriguing and indicates similarities between reproductive structures, so unlike cell walls, perhaps the composition of the pollen tube wall is similar across plant species.

Sites of boron action in plant metabolism

Primary cell wall structure and membrane function are now closely linked to boron nutrition. In contrast, boron role in plant metabolism is still a subject of considerable debate. Focusing on the diversity of early responses to boron deficiency, Lovatt and Dugger (1984) postulated that boron can be involved in a number of metabolic pathways and can act in regulation of metabolic processes similarly to plant hormones.

However, due to a lack of suitable information, boron function in metabolic events has never been properly evaluated. There is substantial evidence supporting the association of boron with ascorbate metabolism. One way boron could increase ascorbate concentration is through its effect on plasma membrane electron transport reactions. Barr and associates (1993) showed that boron instantaneously stimulated the auxin-sensitive plasma lemma NADH oxidase. This enzyme, also called ascorbate free radical oxidoreductase (Morre *et al.*, 1986), catalyzes the transfer of electrons to ascorbate free radical. Inhibition of this process in the absence of boron could result in deprivation of reduced ascorbate. Another site of boron action that is not connected with a structural role in cell walls or membranes is auxin metabolism. Boron interaction with auxin has long been postulated, and although the issue remains controversial, it may be central to our understanding of the role of boron in plants. In 1977, Bohnsack and Albert demonstrated a 20-fold increase in IAA oxidation rate in root apices 24 h after boron was withheld from the nutrient medium. The authors attributed the increase to stimulation of the activity by high levels of IAA accumulated in boron-deficient tissues.

Role of boron in temperate fruits

It is clear that Wojcik *et al.*, (2008) has observed that foliar boron spray has no effect on boron status in leaf and fruit tissues, indicating that absorption rate of foliar applied boron and/or re-translocation of boron in plant as limited. Besides, phloem boron mobility in apple is good (Brown and Hu, 1996), it seems that a lack of effect of foliar boron sprays on boron level in leaf was related to restricted boron absorption rate by spur leaves. This is possible because spur leaf area of apple tree at beginning of the growing season is small (Wojcik *et al.*, 2008). Hence early season boron spray has little or no effect

on summer leaf boron concentration of apple trees. These results were in agreement with the findings of Bramlage and Thompson (1962) and Khalil and Thompson (1965). In contrary to these results Peryea *et al.*, (2003) showed increased mid-season leaf boron status as a result of pre-bloom boron sprays. The opposite results of the above two studies on the effect of foliar boron sprays on mid-summer leaf boron status could be due to different soil properties affecting behavior of boron in the soil and consequently its uptake by plants (Wojcik *et al.*, 2008).

It shows increase in net photosynthetic rate which may be attributed to increase in chlorophyll content of leaves. Moreover, soil boron application increased the activity of catalase and glutathione reductase, which act as antioxidants thus saving the electron transport mechanism of plant from getting oxidized by free radicles like superoxide radicles, singlet oxygen radicles etc. (Wojcik *et al.*, 2008).

Thurzo (2010) has observed the increase in the content of chlorophylls and carotenoids by foliar application of boron in sweet cherry at full bloom. Due to the above effect, the increase in the rate of photosynthesis is inevitable.

Effect of boron respiration in temperate fruits

There is generally less literature concerning the influence of boron on fruit respiration. Besong and Lawanson (1991) confirmed that the activity of respiratory enzymes was intensified under boron deficiency, but lowered by boron application. The ethylene production in B-treated fruit was reduced, most effectively after B+Ca application. The functions of boron and Calcium on the structure of cell walls and cell membranes are well known (Marschner, 1997).

Table.1 Boron deficiency symptoms in various fruit crops

Crop	Visible Symptoms
Almond	Flowers fall and nuts abort or gummy.
Apple	Pitting, skin discolored, cracking and corking.
Apricot	Pitting, skin discolored, cracking and corking.
Prunes	Excessive multiple branching in tree tops, Bushy branch, marked reduction in fruit set, brown sunken areas in fruit.
Grape	“Hen & chicken” symptom, dead main shoots.
Pear	Blossom blast, pitting, internal corking and bark cankers.
Peanut	Dark, hollow area in center of nut, called “ hollow heart”
Pistachio	Fruit set decreases, and blanks and non-split nuts increase.
Strawberry	Pale chlorotic skin of fruit, cracking and die back.
Walnut	Dieback from shoot tips, leaf fall.

(Source Spectrum Analytic Inc 1087 Jamison Rd NW Washington Court House, OH 43160 (800) 321-1562)

Table.2 Effect of boron on fruit set, yield and quality of apple.
(Adopted from Wojcik *et al.*, 2008)

Treatment	Fruit Set (%) DAF			Yield (Kg/tree)	Mean Fruit Weight (g)	TSS (%)	Acidity (%)
	14	28	42				
Soil B Application	36.2	15.3	7.2	4.3	226	13.6	0.72
Foliar B Application	40.2	25.3	15.2	6.8	191	12.5	0.65
Control	39.4	11.4	6.9	3.1	188	12.4	0.63

Ca and/or B can maintain cell compartmentation so that the ethylene could be less formed during the ripening of B-treated fruit. Another possibility might be that the formation of methionine, a precursor of ethylene, is affected by boron.

Xuan *et al.*, (2003) observed that boron treated fruit showed continuously lower O₂ uptake and CO₂ emission under controlled atmospheric conditions as well as under cool storage conditions. At the same time, it was noticed that O₂ uptake under controlled atmospheric conditions in B-treated and B-untreated fruit was clearly decreased more than the corresponding CO₂ emission. At

harvest, no ethylene was found in all treatments. After one month of controlled atmospheric storage, the formation of ethylene started and increased till the end of 5-months storage period. At the same time, the B and B + Ca treatments produced less ethylene than the control fruit. The B + Ca treatment always had the lowest rate of ethylene formation.

Effect of boron application on fruit set, yield and fruit quality of temperate fruits

Boron is important in pollen germination and pollen tube growth which is likely to increase fruit set (Wojcik *et al.*, 2008). Therefore, B

fertilization may increase yield, particularly when plants are grown on sandy soil with a low content of available B as shown by Wojcik *et al.*, (2008) and Nyomora and Brown (1997). Although the mechanism of B translocation within plants has not been well understood the effect of B fertilization of apple trees on fruit quality as altered by several biological and environmental factors such as cultivar, orchard location, rainfall, air temperature has been well known for many years (Wilcox and Woodbridge, 1942; Haller and Batjer, 1946).

Wojcik *et al.*, (2008) observed that pre bloom foliar application of boron to apple trees (Table 2) increases fruit set as well as yield moreover soil application of boron also increases yield but to a lesser extent. Further the author explains the increase in yield through soil application of boron to be due to increase in fruit size and through increase in fruit number in case of foliar spray. Besides increasing fruit set and yield Wojcik *et al.*, (2008) reported an increase in total soluble solids as well as total acidity due to soil boron application. This can be because of transportation of higher amount of assimilates into fruit tissues.

It may be concluded that application of Boron during flowering increased the growth of the pollen tube and in the development of the flowering and fruiting stages. Boron foliar sprays to Boron deficient fruit trees under dry conditions delay bloom and increase fruit set and final fruit number per tree. Also, these sprays result in improved yields, mainly when both fall and spring Boron foliar sprays are applied. Soil and foliar application of Boron increased yield, however Boron sprays were more efficient than soil fertilization. Foliar Boron sprays increased the Boron content of apple, pear, plum and sour cherry leaves. It should be underlined that fall foliar Boron sprays increased Boron status in flowers and

leaves, indicating that leaf-absorbed Boron moved out of leaves into adjacent twigs and supplied developing flowers and leaves in the following growing season.

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